



Florida Strong Schedule January 9-11, 2026
AdventHealth Fieldhouse, 210 Cypress Gardens Blvd., Winter Haven, FL



Friday, January 9, 2026

Session 3

<u>USA Level 4</u> Golden City Gym World Naples LaFleur's Tampa	<u>USA Level 6</u> Future Flipz Golden City Naples Progressive North Port Tampa Gym TGR UGA Oviedo
<u>USA Xcel Gold</u> Bay Area Lakewood Ranch (8) Temple Terrace	

2:30 – 3:10pm Stretch/March In
 3:10pm – 5:45pm Competition
 Individual and Team Awards to Follow

**Chloe E, Daniella,
 Hannah, Hayden,
 Evelina**

Saturday, January 10, 2026

Session 5

USA Gymnastics Level 7

Beaches Future Flipz Golden City Gym World Naples LaFleur's Tampa	Lakewood Ranch Tampa Gym TGR UGA Oviedo WGV
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8:00 – 8:40am Stretch/March In
 8:40 – 11:15am Competition
 Individual and Team Awards to Follow

**Caitlyn, Kennedy,
 Chloe C, Allyson,
 Kayla, Anelia**

Session 6

USA Gymnastics Xcel Platinum

Bay City Golden City LaFleur's Tampa Lakewood Ranch	Tampa Gym TGR WGV World Class
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11:15 – 11:55am Stretch/March In
 11:55am – 2:30pm Competition
 Individual and Team Awards to Follow

**Ava L, Alejandra,
 Avery M, Camila,
 Miranda, Nya, Charley,
 Ella, Genesis, Kara,
 Sage, Kinsley, Lyla**

Saturday, January 10, 2026

Session 8

<u>Level 9</u> Golden City Naples Progressive RAD Sarasota Seaside UGA Oviedo WGV World Class	<u>Xcel Diamond</u> Golden City LaFleur's Tampa North Port NOVA Athletics RAD Tampa Gym TGR Titanium WGV World Class
<u>USA Level 10</u> Beaches Seaside WGV World Class	<u>Xcel Sapphire</u> Golden City Lakewood Ranch North Port

5:45 – 6:25pm Stretch/March In
 6:25 – 8:45pm Competition
 Individual and Team Awards to Follow

Cora

Door Fees: Adult \$20 Child \$15 (5-17)

