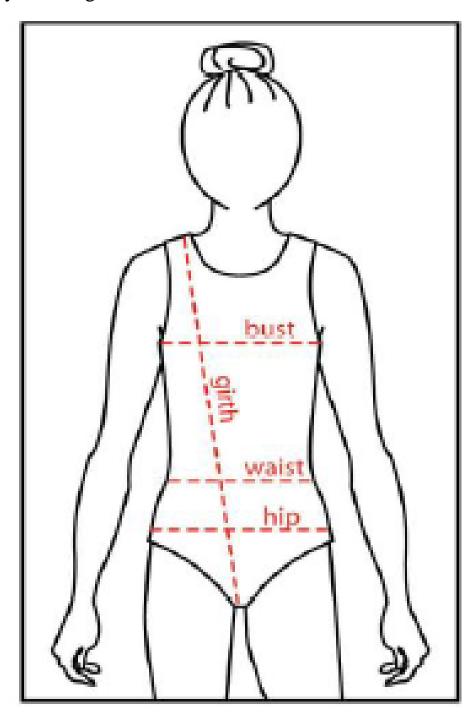
MEASUREMENT GUIDE

How to Measure Girth

Hold end of tape measure on top of shoulder. Run tape down front of body, through legs and back up the same shoulder. Allow for curves of bust and abdomen. Measure comfortably over buttocks and into small of back. This gives you total girth measurement.



How to Pick Tights

CAPEZIO CHILDREN'S TIGHTS												
Inches	30lbs.	40 lbs.	50 lbs.	60 lbs.	70 lbs.	80 lbs.	90 lbs.					
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38												
40		CSM										
42		2-6										
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54						8-12						
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60												
62												
64												

CAPEZIO WOMEN'S TIGHTS																			
	90	95	100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180
4'10																			
4'11																			
5'0																			
5'1			Sm	all/N	Medi	um													
5'2													è						
5'3																			
5'4																			
5'5																			
5'6																			
5'7										Large/X-Large									
5'8			602																
5'9																			
5'10																			
5'11																XX-Large			
6'0																			
6'1																			
6'2																			